

ALBERTO RODRIGUEZ

1988 World Cup Gold Medalist

1988 Pan-American Games Gold Medalist

1993 World Games Bronze Medalist

1995 Pan-American Games Gold Medalist

1995 World Games Bronze Medalist

1996 Olympian for Cuba

ALBERTO RODRIGUEZ

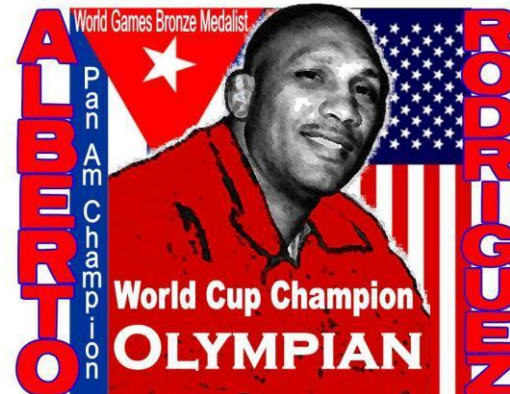
Wed. June 23, 2010 @ Grove City High School

Alberto will be at GCHS as a guest clinician for the GCHS Summer Camp. Attend the whole camp for \$125 or just Wed June 23 for \$25. More details on the camp at

www.GCHSwrestling.com

Camp Schedule

- 9:15 Stretch, Warm-up & Drill
- 9:30 Technique
- 11:00 Wrestling using learned technique
- 11:30 Lunch [On your own]
- 12:00 Increasing Your Mental Toughness
- 12:15 Technique
- 1:30 Wrestling using learned technique
- 1:45 Daily Tournament
- 2:00 Functional Strength Training
- 2:30 End of day



ALBERTO

has victories over US Olympic Champions Dave Schultz & Kenny Monday.

www.GCHSwrestling.com

Sign up while spots are still available.

Email Jason_dimasso@yahoo.com to reserve a spot.